



# KARACHI INSTITUTE OF NURSING & ALLIED HEALTH SCIENCES

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Karachi Institute of Nursing and Allied Health Sciences (KINAHS) is one of the pioneers in nursing field. It was established in 2020. KINAHS has recently organized 2 days training workshop for their students in collaboration with Pakistan **Red crescent society**. The International Red Crescent Movement is one of the world's largest humanitarian networks, with its presence in almost every country. PRCS is reaching communities and spreading awareness about basic hygiene and health, including life-threatening diseases.

It is a life skill that you can use to save humanity anytime and anywhere not only just in the working environment. Objectives of this training for learners include knowledge and understanding of a selection of different emergencies and to be able to assist with emergencies that they may come across in the workplace, understand the role and responsibilities of a first aider and know how to assess an incident. Understand how to manage a variety of conditions. First aid will help learners to understand the steps to take during an emergency and this increases their confidence in performing CPR (Cardiopulmonary resuscitation). Particularly where there are grave critical injuries that requires immediate action. Training gives critical knowledge and confidence to effectively manage an emergency without fear or confusion. They will be aware of the hazards & risks that might cause accident & able to take precautionary measures in their workplace.

KINAHS' students and faculty attended this training workshop.

In the certification ceremony there was Q&A session held by the PRCS team with the learners. KINAHS learners gave best answers of most of the questions.

KINAHS' pupils also showed their great interest and shared their experience of workshop.

After successful completion of an accredited first aid training course learners received certifications.

PRCS team awarded certificate and universal first aid box in honor of great outcome by the KINAHS' learners. KINAHS is pleased to have this training workshop by the PRCS (PAKISTAN Red Crescent Society) and hopes that such workshops will continue.



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